

## GREEN PROGRAMS for Students, Teachers, Administration, Parents & Community Groups:



*Earth Day Is Every Day*--During this program, students will learn a variety of ways to help keep our earth + bodies healthy! Students will learn that Earth Day isn't just one day a year! Learn how to pack a Green Lunch and incorporate the 3 R's into daily/school life. All educational materials [videos, music, and characters] will be age appropriate. \*\*GREEN GIRL CHARACTER, BAG MONSTER, or our *The Reducers*... BAND OPTIONAL. [STUDENT]

*GREEN GIRLS*--This workshop is for girls only! [Recommended for Middle/High School Students.]

During this workshop, girls will learn how to live GREEN with their actions, and with their personal care products. Research today shows us that chemicals can make us very sick! Today's girls often cover themselves with toxic makeup, skin care products, hair products, artificial nails, nail polish, fragrances and more. Put all of these chemicals together, and you might have the recipe for illness! Students will learn how to make safer choices for their bodies. [STUDENT]

*GREEN MUSIC*--Hear a special performance from our very own sustainable band... *The Reducers* and learn about sustainability through the exploration of music. Students will work with band members to create their own unique performances [around environmental themes of course!]. [STUDENT]

*GREEN KIDS Yoga*--Students will learn how to incorporate yoga, stretching, and relaxation into their lives. Train with a yoga instructor and see how our minds, bodies, and the planet are connected. [STUDENT]

*Eat Green, Feel GREAT!*--This workshop examines how the food we eat can affect behavior, energy, performance at school/home, and of course, our ecosystem. We will identify benefits of gardening, potential problems of foods and over-processed diet, and provide guidelines for healthier/greener eating and lifestyle. [STUDENT/TEACHER/PARENT/COMMUNITY]

*The ABCs of Reading Labels*--This workshop takes an honest look at toxins and chemicals found in every day food, skin care, and other products. Green Schools will teach participants how to make safer choices when purchasing products. CAN FOCUS ON GREEN CLEANING, SAFER SKIN CARE OR NUTRITION. \*We will explore a variety of products found in today's market. Products are not promoted at this workshop. They are simply used as teaching tools. [TEACHER/PARENT/COMMUNITY]

*BUILD GREEN*--Explore the world of Green Building through this hands on workshop. Participants will see some of the latest green technologies and materials used in sustainable design.

\*CUSTOM PROGRAMS--We are happy to customize a program [ASSEMBLY, WORKSHOP, PRESENTATION] to fit your needs. Let us know how we can bring *The Green Difference* to your community!

## GREEN PROGRAMS *continued...*



Information: FOR PROGRAM DESCRIPTIONS SEE PAGE 1.

All programs are age appropriate and created to fit the unique needs of your school. Green Schools aims to create healthier/greener bodies + a healthier/greener planet through interactive educational programs for students in grades K-12, teachers, administrators, and community members.

To bring forth positive environmental change, it really takes the work of everyone. Greening your school will reach those in your school community and far beyond.

Please let Green Schools know how best to assist you in this process.

---

### Recommended Ages for Programs:

**K-2:** *Earth Day is Every Day, GREEN MUSIC, GREEN KIDS Yoga, and a modified Eat GREEN, Feel Great!* You can always customize a program with GREEN GIRL, BAG MONSTER, and our The Reducers . All are a big hit with students of all ages!

**3-5:** *Earth Day Is Every Day, GREEN GIRLS, GREEN MUSIC, GREEN KIDS Yoga, Eat Green, Feel GREAT!* Bag Monster + LIVE MUSIC with The Reducers is a big hit at this age!

**6-8:** *Earth Day Is Every Day, GREEN GIRLS, GREEN MUSIC, GREEN KIDS Yoga, Eat Green, Feel GREAT!* Bag Monster + LIVE MUSIC is a big hit at this age!  
Special Projects can be made available for students in Grade 6 and above.

**10-12:** *Earth Day is Every Day, What Can I do to live more Green? , How to organize Your own Eco Fair/Assembly/Event, GREEN GIRLS, GREEN MUSIC, etc...* Green Schools offers community service for High School students and has additional opportunities for these students as well.

---

### Program Fees:

Staff Training: \$250 per session

Student Assemblies: \$750 [1st assembly] \$500 for each additional assembly

Event Appearances by Band or Character: \$500

Community Awareness: Suggested donation of \$150

In-Class Workshops: \$250 per day or \$750 for 1 week